



Dental Hygiene Policy

Recent research shows that 38 % of five year olds in England had experienced tooth decay.

As an Ofsted Registered Childminder I am very aware of the need to follow good oral hygiene practices and to avoid eating foods and drinks with high sugar content.

I would like to support you in training your child to clean their teeth regularly by helping him/her clean their teeth after meals whilst in my care. I would therefore request that you provide me with a suitable toothbrush, toothpaste and a small plastic beaker, with your child's name on it. These will all be stored in my bathroom and I will help your child clean their teeth regularly. I will advise you when the toothpaste is running low or the brush needs replacing.

I also ensure that the children in my care are not given food containing high levels of sugar. I do not permit fizzy drinks and will wean children from drinking from bottles with teats as continued sucking of juice can damage teeth. I will work with you to encourage your child to drink from a beaker or trainer cup.

Further information and support can be found on the website: www.stop-the-rot.co.uk

I have read and understood the details of this policy

Signed

Date

Please note

As a part of my continued professional practise this document will be reviewed and amended as appropriate. You will be notified of any changes and will be required to re-sign this document.