



## Hygiene Policy

It is very important to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

Children are encouraged to wash their hands after going to the toilet, touching animals and playing outside. They must also wash their hands before eating any meals or snacks.

I will assist the children in hand washing, ensuring that they are washing and drying them correctly.

I will provide a clean towel in the bathroom each day, however if a child is poorly i.e. cold, cough, I will provide them with absorbent paper towel as a precaution.

I am happy to help children to clean their teeth after meals if you provide me with a toothbrush and paste.

I will assist children with wiping their noses when they have colds and try to teach them how to blow their noses. I will explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs. I will also encourage them to put their hand over their mouths when they cough.

**I will not mind a child who has had an upset stomach or sickness in the last 24 hours.**

Each young child will have their own changing mat and I will disinfect the mat between nappy changes.

I will follow strict hygiene routines in my kitchen, ensuring my fridge is at the correct temperature and that food is stored correctly in it.

In order for me to carry out these procedures effectively I will need you to provide me with enough resources, for example nappies, labelled cream, spare clothes for the children etc. I also request that you let me know if your child is feeling or has been unwell.

I have read and understood the details of this policy

Signed

Date

Please note

As a part of my continued professional practise this document will be reviewed and amended as appropriate. You will be notified of any changes and will be required to re-sign this document.